Term 2, Week 2 - Friday 5th May 2023

Dates To Remember - Term 2, 2023

TERM 2		
3	**8 - 12 May**	Wed 10th - Grade 3-6 School Cross Country, Broadford Common Wed 10th - Mothers Day Stall Fri 12th - Book Club orders due
4	**15 - 19 May**	Mon 15th - Grade 3/4 Toolangi Forest excursion Fri 19th - Walk 2 School Day Fri 19th - District Cross Country (selected grade 3-6 students), Broadford State Motorcycle Complex Fri 19th - Assembly, 2.40pm
5	**22 - 26 May**	
6	**29 May - 2 Jun**	Fri 2nd - Grade 1/2 Minibeast incursion Fri 2nd - Assembly, 2.40pm

Mother's Day Stall Helpers Required

Helpers are required for the upcoming Mother's Day Stall on Wednesday 10th May.

Please contact the school office on 5784 1221 if you can assist.

CAMPS 2023

Grade 3 - Lady Northcote Camp, Glenmore
Wednesday 23rd August to Friday 25th August

Grade 4 - Adanac Camp, Yarra Junction
Wednesday 30th August to Friday 1st September

Grade 5 - Phillip Island Adventure Resort, Cowes
Wednesday 19th July to Friday 21st July

Grade 6 - CYC City Camp, Melbourne
Monday 23rd October to Wednesday 25th October

****$100 deposit due now****

Camp deposits are now due

When is Sick for School? TOO SICK

Send me to school if...

I have a runny nose or a mild cough, but no other symptoms and can participate in school activities.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours and didn't need medicine.

Keep me home if....

If I have a temperature higher than 37.7 degrees.

I have been throwing up or have had diarrhea in the last 24 hours.

My eyes are red and painful with discharge that keeps coming back during the day .

I have been having body aches. fatigue, and headaches.

I have a sore throat with a fever. I have a harsh cough and don't feel able to participate in school activities.

I have an undiagnosed rash.

Follow up with my Health Care Provider if...

I have had a fever for more than 2 days.

I have had a sore throat and fever for several days.

I've been throwing up or have diarrhea for more than 2 days.

I've had a cough for more than a week and it isn't getting better.

I have had a fever and now have a rash.

SLEEP

Dear families

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation

- Why sleep is so important, from the Kids Helpline's

- Sleep explained, from the Better Health Channel.

Attendance

Notify the school of your child's absence

Protecting the safety and well-being of children through the reporting and monitoring of absenteeism is the responsibility of both parents/carers and schools.

Please remember to call the school on 57841221 or email at broadford.ps@education.vic.gov.au or log your child's absence using our school's IT platform Compass.

Do this early in the morning if your child is going to be away or late for school so your child's absence can be recorded correctly. For further information on the processes and procedures our school uses to record, monitor and follow-up student attendance and absence please read our Attendance Policy.

Same-day notification of unexplained student absences

Our school will text you as soon as practicable on the day if a student is not at school and you haven't notified the school as to why. If you are notified by the school that your child is away without a reason, please contact us as soon as possible by calling 57841221 or email at broadford.ps@eductaion.vic.gov.au or log your child's absence using our school's IT platform Compass to let us know where your child is. If we cannot reach you because we don't have your correct contact details (i.e: message notification fail, disconnected number), then we will make contact with any emergency contact/s nominated on your child's file held by the school, where possible, on the same day of the unexplained absence.

Please remember it is your responsibility to contact us to provide an explanation for your child's absence from school, and where possible, please inform us in advance of upcoming absences.

Attendance Requirements

If your child is sick or absent, you are required to notify the school as soon as possible **on the day of absence,** by calling, emailing or online through Compass.

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of children and will fulfil your legal responsibility.
From the end of Term 2 2018, all Victorian government schools are required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. If your child is absent on a particular day and you have not contacted the school to explain why, the absence will be marked as unexplained.

This system also promotes daily school attendance. Going to school every day is the single most important part of your child's education, they learn new things every day – missing school puts them behind.

BROADFORD PRIMARY SCHOOL – PARENT COMMUNICATION

Effective communication with parents is very importance to us at BPS and we welcome opportunities to meet with parents and carers and work together to support children. There are a number of communication channels we use to keep you informed of what is happening at BPS. We have outlined these below so that you can stay up to date with us.

Facebook

We use Facebook to celebrate, notify and remind everyone of events happening at the school. Often we will celebrate with just photos something that is happening.

We upload our newsletter link and other links to the Facebook group. We keep this as a closed group for privacy of students, teachers and parents. Membership is only available for current parents, grandparents, caregivers, guardians and staff. To become a member you **MUST** answer the question and put the students full name and if not **YOUR** child then your relationship or reason. Search for Broadford Primary School Group. Select the group that has the picture of the school gate. If you invite another person to the group you need to tell them to answer the questions. We will remove/block anyone who is disrespectful or bully's.

BPS Website - www.broadps.vic.edu.au

Our website contains almost everything you will need to know. You can access school policies, newsletters and camp information etc. Way too much to mention so please go and have a look. You can also notify student absences on the website.

Compass School Manager

We use Compass Newsfeed to notify and remind everyone of events happening at the school. Parents can use Compass to view and print Student Reports, notify student absence, update parent details and access documents and forms. Teachers and parents can email each other. The link to log into Compass is located on our webpage. Please contact the office for your username and password.

Phone - 57841221

You can contact the office by phone between 8.30am and 4.15pm. It is an extremely busy time in the office from 8.30 to 9.30 therefore it may be better to use one of the above methods to notify the school of an absence.

Newsletter –

Our newsletter comes out fortnightly on a Friday. It contains a calendar of events, celebration of student learning and community interest items. On alternate weeks a 'Dates to Remember' bulletin is published. This is available electronically. A limited number of hard copies are available from the office.