



**Broadford Primary School**

*Respect Responsibility Resilience Readiness*

*Believe in yourself*

Term 3, Week 5 - Friday 12th August 2022

## **DATES TO REMEMBER**

Week	Date	Events
6	15 - 19 August	Fri 19th - Assembly
7	22 - 26 August	Tues 23rd - Book Week dress up "Dream To Be" Wed 24th - Grade 3 Camp, Lady Northcote Thurs 25th - Grade 3 Camp, Lady Northcote Fri 26th - Grade 3 Camp, Lady Northcote Fri 26th - District Athletics, Meadowglen Stadium, Epping
8	29 Aug - 2 Sept	Wed 31st - Fathers Day Stall Fri 2nd Sept - Assembly
9	5 - 9 September	Tues 6th - Division Athletics, Meadowglen Stadium, Epping Thurs 8th - School Production Fri 9th - School Production
10	12 - 16 September	Mon 12th - Grade 4 Camp, Adanac, Yarra Junction Tues 13th - Grade 4 Camp, Adanac, Yarra Junction Wed 14th - Grade 4 Camp, Adanac, Yarra Junction Thurs 15th - Last day of term Fri 16th - Curriculum Day

# **CAMPS 2022**

**Grade 3** - Lady Northcote Camp, Glenmore  
Wednesday 24th August to Friday 26th August

**Grade 4** - Adanac Camp, Yarra Junction  
Monday 12<sup>th</sup> September to Wednesday 14th September

**Grade 6** - CYC City Camp, Melbourne  
Monday 24<sup>th</sup> October to Wednesday 26th October 2021

**\*GRADE 4 CAMP - FULL PAYMENT DUE FRIDAY 26TH AUGUST**

## *A word from Mrs Cooney...*

### **Congratulations Mr. Moedt**

We are very excited to announce the safe arrival of Finn Moedt on Friday 29<sup>th</sup> July. Congratulations to Brad and Josie and we wish you all the best as you enjoy life with a baby. We will look forward to getting Finn's enrolment at BPS!



### **World Scout Day**

Monday 1<sup>st</sup> August was World Scout Day. BPS scout members wore their scarves to school as a visible commemoration of Scouting. Scouts is a great organisation that provides fun activities for children to build resilience and confidence.

### **Student Led Conferences**

This week we have reached the mid-term mark and yesterday we held our student led conferences. This was an opportunity for students to share their progress against their learning goals and for students, parents and teachers to discuss how the year has gone to date. Today you can access your child's progress report on Compass to be informed on their latest learning goals in Reading, Writing and Mathematics. Thank you for working with us in partnership to support your child's academic and social development.

### **Book Fair**

Our book fair has been a great success this week. Thank you to Mrs. Tamsin Colquhoun and Mrs. Peta Smith for coordinating this event and to our parent and staff volunteers who ran the fair each day. There were lots of happy students with new books to read and any money raised will be used to purchase literacy resources for the school.



### Parents and Friends Fundraisers

Our Parents and Friends group continue to do an outstanding job of raising valuable funds to better our facilities and student learning opportunities within the school. Our recent cookie dough fundraiser raised over \$4000.00. Our students did a fantastic job of selling tubs of dough and I hope everyone has been enjoying baking and enjoying tasting the various flavours.

Faith from grade 1 was our highest seller of the cookie dough tubs.

Their latest fundraiser was a raffle. Thank you to our wonderful supporters for generously donating prizes, thank you also to all our ticket purchasers and to Mrs. Edwards and our student leaders who sold tickets outside the newsagents.

*Mrs. Jennene Cooney*  
*Principal*



## PARENTS & FRIENDS RAFFLE

Congratulations to our raffle winners.

1st Prize - Katrina K

2nd Prize - Judd F

3rd Prize - Mario M

4th Prize - Jayme R

**Clean Sweep Cleaning and Garden Maintenance Services**

**Please call or text 0455 962 703**

- \*Domestic Cleaning
- \*Air BnB
- \*Oven cleaning
- \*End of lease
- \*Pre Sale Cleans
- \*Spring Cleaning
- \*Once off Cleans
- \*Weeding
- \*Pruning/trimming
- \*Mowing/Whipper Snip
- \*Wood Splitting
- \*Chainsaw Work
- \*Pole Saw Work



# Magnificent Maths!

## What's on in Week 6?

Grade	What students are learning in the classroom	What you can do at home to support their learning
Foundation	2D Shapes	Find and name shapes that can be seen around the house and on the way to and from school.
Grade 1 & 2	Addition	Practice addition games that students learn at school. You will only need some dice and cards.
Grade 3 & 4	Fractions	Play the "Fraction Matcher" game <a href="http://phet.colorado.edu/sims/html/fraction-matcher/latest/fraction-matcher_en.html">http://phet.colorado.edu/sims/html/fraction-matcher/latest/fraction-matcher_en.html</a>
Grade 5 & 6	Fractions	Identify the equivalent fractions on this game! <a href="https://www.mathplayground.com/Triplets/index.html">https://www.mathplayground.com/Triplets/index.html</a>

### Grade 1/2 students learning about fractions!



#### Figure This Maths Challenge!

##### Were you born on a Monday?

On what day of the week were you born? Can you devise a method to find the day of the week for any date?



## JSC FUNDRAISER



An amazing \$472 was raised last Friday for Addy's trip to Sydney to compete for our school at the Interschool Nationals.

Thank you to everyone that donated.

Addy is so very grateful.

JSC

## BOOK WEEK 20<sup>TH</sup> - 26<sup>TH</sup> AUGUST



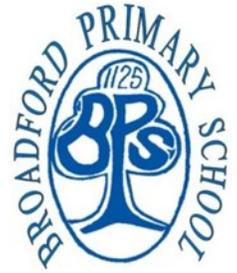
To celebrate Book Week, here at Broadford Primary School we will be having a Dress Up Day. This will occur on Tuesday the 23<sup>rd</sup> of August.

This year's Book Week theme is 'Dreaming with Eyes Open'. To celebrate this year's theme, we are encouraging all staff and students to dress up as something that they 'Dream To Be'. The only limit here is their imagination – so dream away.

We look forward to seeing the creative talents of our students during book week on Tuesday the 23<sup>rd</sup> of August.



**Broadford Primary School**



## **Attendance**

### **Notify the school of your child's absence**

Protecting the safety and well-being of children through the reporting and monitoring of absenteeism is the responsibility of both parents/carers and schools.

Please remember to call the school on 57841221 or email at [broadford.ps@education.vic.gov.au](mailto:broadford.ps@education.vic.gov.au) or log your child's absence using our school's IT platform Compass.

Do this early in the morning if your child is going to be away or late for school so your child's absence can be recorded correctly. For further information on the processes and procedures our school uses to record, monitor and follow-up student attendance and absence please read our Attendance Policy.

### **Same-day notification of unexplained student absences**

Our school will text you as soon as practicable on the day if a student is not at school and you haven't notified the school as to why. If you are notified by the school that your child is away without a reason, please contact us as soon as possible by calling 57841221 or email at [broadford.ps@education.vic.gov.au](mailto:broadford.ps@education.vic.gov.au) or log your child's absence using our school's IT platform Compass to let us know where your child is. If we cannot reach you because we don't have your correct contact details (i.e: message notification fail, disconnected number), then we will make contact with any emergency contact/s nominated on your child's file held by the school, where possible, on the same day of the unexplained absence.

***Please remember it is your responsibility to contact us to provide an explanation for your child's absence from school, and where possible, please inform us in advance of upcoming absences.***

### **Attendance Requirements**

If your child is sick or absent, you are required to notify the school as soon as possible **on the day of absence**, by calling, emailing or online through Compass.

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of children and will fulfil your legal responsibility.

*From the end of Term 2 2018, all Victorian government schools are required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. If your child is absent on a particular day and you have not contacted the school to explain why, the absence will be marked as unexplained.*

**This system also promotes daily school attendance. Going to school every day is the single most important part of your child's education, they learn new things every day – missing school puts them behind.**

# Managing Your Mental Health Online

## Digital Mental Health Gateway

### Head to Health

#### Head to Health

A website that links Australians to free or low-cost online and phone mental health services. [headtohealth.gov.au](http://headtohealth.gov.au)

## Phone and Online Counselling



#### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



#### Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



#### Beyond Blue Support Service 1 300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



#### 1800RESPECT 1 800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



#### QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



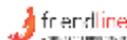
#### Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

## Young People



#### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



#### ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



#### BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

## Programs



#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



#### THIS WAY UP

Online, self-guided CBT programs for a range of mental health conditions and wellbeing issues. Own clinician assisted option available.



#### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



#### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



#### MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



#### Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



#### ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



#### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

## Apps



#### HeadGear

An app with activities and challenges to build wellbeing and reduce depression and anxiety.



#### MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



#### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



#### BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

## Aboriginal and Torres Strait Islanders



#### WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



#### iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

Scan to download a free PDF version from the eMHPrac Website





## 2022 schedule

eSafety's free webinars provide parents and carers with the knowledge, skills and tools to support children to have safe, positive online experiences.

Our live webinars for parents and carers attracted record attendance numbers in 2021. To meet the growing demand, our education and training team is expanding the program in 2022 to include more dates and topics to support school communities.

Each month, we will present either a new webinar topic or a video with simple tips to keep young people safe online.

### 2022 Parent and carer education topic schedule

<p><b>January</b></p> <p><b>Can't make it to a webinar?</b> You can watch this short video on <a href="#">Cyberbullying and online drama</a>. (Suitable for parents and carers of young people aged 11 to 18 years old).</p>	<p><b>February</b></p> <p><b>Webinar: Helping kids thrive online</b> (Suitable for parents and carers of young people aged 5 to 12 years old).</p> <p>8th February – Safer Internet Day 2022 #SID22</p>	<p><b>March</b></p> <p><b>Webinar: Cyberbullying and online drama</b> (Suitable for parents and carers of young people aged 11 to 18 years old).</p>
<p><b>April</b></p> <p><b>Can't make it to a webinar?</b> You can watch this short video on <a href="#">Online sexual harassment and image-based abuse</a>. (Suitable for parents and carers of young people aged 13 to 18 years old).</p>	<p><b>May</b></p> <p><b>Webinar: Parental controls</b> (Suitable for parents and carers of young people aged 4 to 13 years old).</p>	<p><b>June</b></p> <p><b>Webinar: Online gaming</b> (Suitable for parents and carers of young people aged 13 to 18 years old).</p>
<p><b>July</b></p> <p><b>Can't make it to a webinar?</b> You can watch this short video on <a href="#">Parental controls</a>. (Suitable for parents and carers of young people aged 4 to 13 years old).</p>	<p><b>August</b></p> <p><b>Webinar: Popular apps</b> (Suitable for parents and carers of young people aged 13 to 18 years old).</p>	<p><b>September</b></p> <p><b>Webinar: Online sexual harassment and image-based abuse</b> (Suitable for parents and carers of young people aged 13 to 18 years old).</p> <p>National Child Protection Week #NCPW22</p>
<p><b>October</b></p> <p><b>Webinar: Digital technologies and mental health</b> (Suitable for parents and carers of young people aged 10 to 18 years old).</p>	<p><b>November</b></p> <p><b>Webinar: Guide to the holidays</b> (Suitable for parents and carers of young people aged 8 to 13 years old).</p>	<p><b>December</b></p> <p>It's December! You can check out our annual <a href="#">Gift Guide</a> here.</p>

Subscribe to [eSafetyNews](#) for dates and registration details or visit [esafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars).